



NOOR SALIHAH ZAKARIA

Dr.

EDUCATION



الجامعة الإسلامية العالمية ماليزيا
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EXPERTISE

Field

Nutrition

Expertise

Nutrition & Dietetics

Specialization

Nutrition in cancer care

Cancer survivorship

Public health nutrition

RESEARCH CONTRIBUTION & ACHIEVEMENT

My research interest is focused on cancer outcomes, with special emphasis on maintaining good health and wellbeing of cancer survivors. This field of research has provided important insights into the effects of cancer and cancer therapies on cancer survivorship, in particular related to diet, weight control, use of complementary/ alternative therapies (CAM) and their impact on survivors' quality of life. Considering rapid development of variety new technologies as a new resource in empowering survivors, my research also concentrated on examining the potential use of mobile health technologies to deliver health behaviour interventions as well as improve survivors' self-management of cancer symptoms and cancer treatment side effects. After completing active cancer treatment, surveillance for recurrence, treatment of long-term and late effects of cancer, as well as general primary and preventive care such as care for comorbid conditions were also among the efforts done for tracking the needs and health of the cancer survivors. Other research interests being explored was public health nutrition, an area of concentration focusing on the promotion of good health through nutrition and primary prevention of nutrition related illness in the population. In summary, there is rightfully a great deal of optimism about an emerging area of survivorship research aiming at improving support for cancer survivors. Hopefully, in parallel with these advances, we can continue to make great strides toward ensuring that being a cancer survivor does not entail having to trade one life-threatening illness for another or sacrifice one's quality of life.

PROFESSIONAL MEMBERSHIP

- 🕒 Malaysian Dietitians' Association

NETWORKING & RESEARCH COLLABORATION

- 🕒 Prince of Songkla University, Thailand

PUBLICATION

- 🕒 Scopus ID : 56091215500
- 🕒 Researcher ID : I-1663-2018
- 🕒 Google Scholar : Salihah Zakaria

