



HAYATI MOHD YUSOF

Dr.

EDUCATION



BSc(UKM)

MSc.(UKM)

PhD. (Southampton)

RESEARCH CONTRIBUTION & ACHIEVEMENT

My research interest is focused on the cardiovascular disease (CVD) modulation using dietary approach. Previously, during my PhD research, I used fish oil supplementation as to determine its effects on healthy and carotid endarterectomy patients, particularly on inflammatory markers. Apart from that, my interest is also in cell culture using different types of primary cells as to explore any changes on inflammatory markers at protein and mRNA levels. Currently, I am doing my research on use of honey and black seed supplementation on CVD risk modulation, cognitive function, and glycemic control. In this study, the most important thing is that the honey used must be genuine in order to obtain its benefits. For the purpose of fulfilling specific ethical requirement for human intervention study, I have Good Clinical Practice (GCP) certificate. Other than that, my research interest is also in complementary alternative medicine (nutrition field), role of fasting including Islamic intermittent fasting on CVD risk modulation and body weight management. My experience in teaching and research lead me to transfer my expertise to community, thus our group also involve with peripheral community (island's population) including Orang Asli to help them on nutrition issue. Presently I also handling medical nutrition therapy and weight management clinic at University Health Centre, UMT

CONTACT

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EXPERTISE

Field

Nutrition & Dietetics

Expertise

Nutritional Biochemistry

Specialization

Cardiovascular disease

Human intervention study



PROFESSIONAL MEMBERSHIP

- ⌚ International Society for the Study of Fatty Acids and Lipids
- ⌚ Malaysian Dietitian Association

NETWORKING & RESEARCH COLLABORATION

- ⌚ Universiti Kebangsaan Malaysia
- ⌚ University of Southampton
- ⌚ Universiti Sultan Zainal Abidin
- ⌚ Institute of Medical Research, Kuala Lumpur

PUBLICATION

- ⌚ Scopus ID : 24068071200
- ⌚ Researchgate : Hayati Yusof.
- ⌚ Google Scholar : Hayati Mohd Yusof